

# **Governor's Award of Excellence in Wellness**

## **Small Company Sower Award**

### **Leadership**

- Visible leadership by wellness champion or upper management

### **Data collection**

- HRA
- Interest survey

### **Wellness Plan:**

- Wellness Vision/Mission
- Annual Wellness Plan (includes overall goal, objective, justification for objective, interventions, timelines, outcomes, evaluation, promotional plan, and budget)
- Offer at least 2 different delivery methods/interventions to address each objective (ex: multiweek challenge AND environment change)

### **Policies and benefit options that support wellness**

- 20 out of a list of 90 required (20/90)
- Health Insurance is not a requirement at this level

### **Community involvement**

- One outreach program