

Governor's Award of Excellence in Wellness

Large Company Grower Award:

Leadership

- Wellness Champion
- Recognized Committee Development Support
- Senior Management Support
- Wellness budget

Data collection

- HRA
- Interest survey
- Biometric evaluation opportunity (blood pressure, BMI, Cholesterol)
- CDC Health Scorecard (top 5 deficiencies)
- Top health care costs or change in absenteeism due to wellness

Wellness Plan:

- Annual Wellness Plan (includes overall goal, objective, justification for objective, interventions, timelines, outcomes, evaluation, promotional plan, and budget)
- Offer at least 2 different delivery methods/interventions to address each objective (ex: multiweek challenge AND environment change)
- Address a minimum of 2 of the 5 areas identified in the CDC Worksite Health Scorecard interventions in your wellness plan
- Wellness strategy (Long Range Plan)

Policies and benefit options that support wellness

- 40 out of a list of 90 required (40/90)
- Health Insurance offered or insurance subsidy provided to employees

Community involvement

- Must have one outreach program